

一、阅读判断

下面的短文后列出了 10 个句子，请根据短文的内容对每个句子作出判断：如果该句提供的是正确信息，选择 A；如果该句提供的是错误信息，选择 B；如果该句的信息文中没有提及，选择 C

1. Using Music to Change Your Mood Everyone knows that listening to music when feeling bad can provide a relief. Music can also reduce stress, make depression more bearable and help you relax. All the benefits of music can only be got if the listener enjoys the music he is listening to. If the listener dislikes the music or finds it boring, it will have a negative effect on him instead of a positive one. Now let's examine what most of us do when it comes to listening to music. We usually just listen to a play list and allow a program to randomly (任意的) select the songs we are going to listen to. This is where the program lies. What if you liked the first song but found the second one boring? What if the third one was a motivating song while the fourth didn't suit your emotions? What do you think the result will be? What you'll have is an emotional mess! The first song will lift your mood a little. The second will make you a little bored. The third will motivate you and then the fourth will put you down. In the end you'll end up feeling worse than before. I strongly recommend dividing your play list into different small lists. For example, a list for relaxation, a list for

motivation and so on. Another very important thing you must do is to get rid of all of the old music that you are bored of. Besides, don't listen to songs with negative words or messages. The music you listen to can delay your recovery from breakups (分手) by months and months! People who listen to romantic songs after breakups recover 10 times slower than those who don't. So be careful with your play list if you want to recover faster. Music is believed to have a comforting effect.

- A.True
- B.False
- C.Not Given

3.People tend to listen to music selectively_____.

- A.True
- B.False
- C.Not Given

8.People should listen to songs with positive words_____.

- A.True
- B.False
- C.Not Given

9.Romantic songs help people recover from breakups faster_____.

A.True

B.False

C.Not Given

10.Many people like romantic songs_____.

A.True

B.False

C.Not Given

2.One can benefit from all kinds of music.

A.True

B.False

C.Not Given

7.You should remove all of the old music from your list_____.

A.True

B.False

C.Not Given

4.People generally prefer motivating songs.

A.True

B.False

C.Not Given

6.It"s advisable to have different lists of songs_____.

A.True

B.False

C.Not Given

5.You should listen to songs that suit your emotions.

A.True

B.False

C.Not Given

二、阅读选择

2.When Sue started her first job, she_____.

A.introduced herself around

B.asked her supervisor for help

C.shook hands with colleagues

D.waited for others to talk to her

4.What did Sue suggest we do at our first job_____?

A.Seize every possible opportunity.

B.Get ready to take over the place.

C.Make active contacts with others.

D.Stay humble before the older staff.

1. Just Introduce Yourself It's so easy to walk into your first job and feel like a stranger in a strange land. But you don't have to stay that way, and you shouldn't. You have to remind yourself to kick your shyness away and introduce yourself. Just a handshake will do. Ask the supervisor who hired you to introduce you around a bit. That's the best way to make contacts. Then you'll know what to do and say when you meet these people again. Don't do what my friend Sue did at her first job at Entertainment Weekly. "That is one of my biggest regrets: I hardly talked to anyone at all when I was there. I was scared and just thought people would talk to me first. For a long time, I was hung up on the thought that if someone was older, I respected them automatically. And even if someone started on Monday, and I started Tuesday, I just felt they had more experience. In the area I worked for four months, I hardly spoke to these people," she said. "Of course, now I realize that was the most stupid thing. If I could do that again, I'd remember that it's so important not to feel shy about introducing yourself. It's not like you have to be very bold, ready to take over the place. Just introduce yourself and ask if there is anything you can do for them. That breaks the ice." Sue believes that if she had introduced herself around a bit, there would be just no telling what other opportunities or what other acquaintances she might have now. Not that she regrets where she is now at all. But had she talked to more people at her first job, "maybe it would have helped me get somewhere sooner," she said. How do people usually feel when meeting people at their first job_____?

- A. Shy.
- B. Puzzled.
- C. Curious.
- D. Excited.

3. "I was hung up on the thought" in Paragraph 3 probably means "I_____".

- A. believed
- B. guessed
- C. learned
- D. admitted

5. In talking about her first job experience, Sue expressed a sense of_____.

- A. relief
- B. regret
- C. failure
- D. longing

三、概括段落大意和补全句子

2. Paragraph②_____.

- A.How did Emily pick up bridge building?
- B.What happened to John and Washington?
- C.How did Emily feel about her work?
- D.What role did Emily play in building the bridge?
- E.How long did it take to build the bridge?
- F.Why did Emily give a speech?

4.Paragraph④_____.

- A.How did Emily pick up bridge building?
- B.What happened to John and Washington?
- C.How did Emily feel about her work?
- D.What role did Emily play in building the bridge?
- E.How long did it take to build the bridge?
- F.Why did Emily give a speech?

7.Accompanied by Emily,_____.

- A.Washington went to study bridges
- B.to express her thanks
- C.Washington took over the job
- D.to build the bridge
- E.Emily began to play a bigger role
- F.to defend her husband

8.As time went on, _____.

- A.Washington went to study bridges
- B.to express her thanks
- C.Washington took over the job
- D.to build the bridge
- E.Emily began to play a bigger role
- F.to defend her husband

9.Emily gave a speech,_____.

- A.Washington went to study bridges
- B.to express her thanks
- C.Washington took over the job
- D.to build the bridge
- E.Emily began to play a bigger role
- F.to defend her husband

10.It took fourteen years,_____.

- A.Washington went to study bridges
- B.to express her thanks
- C.Washington took over the job
- D.to build the bridge
- E.Emily began to play a bigger role
- F.to defend her husband

3.Paragraph③_____.

- A.How did Emily pick up bridge building?
- B.What happened to John and Washington?
- C.How did Emily feel about her work?
- D.What role did Emily play in building the bridge?
- E.How long did it take to build the bridge?
- F.Why did Emily give a speech?

6.After his father died,_____.

- A.Washington went to study bridges
- B.to express her thanks
- C.Washington took over the job
- D.to build the bridge
- E.Emily began to play a bigger role
- F.to defend her husband

1.The Woman behind the Brooklyn Bridge ①John Roebling planned to build the Brooklyn Bridge before 1867. But he never really got started. In 1869, he died of an accident. The job fell to his son Washington, a master of construction. In 1872, Washington was injured in building the bridge. He could not walk any longer. He could only see the building of the bridge from his window. But his mind was still fresh. How could he get his ideas down to the workers? ②That's where Emily came in. Emily and Washington married in 1865. At that time John was planning the bridge. He sent his son around the world to study bridges. Emily went along with her husband and learnt much

about bridge building. When John died and Washington became the boss, she taught herself more about bridge building. She wanted to help her husband with his new job. ③Emily regularly came to the building site. She gave Washington's instructions to the workers. And then she took questions back to him. However, as time went on, her role started to change. Soon, workers saw her as the new boss. As she had more and more knowledge, she became the chief engineer. She met with officials, discussed with other engineers, and instructed the workers. ④Emily also helped to solve problems outside the building site. Some people once questioned her husband, s ability to head the bridge building. And the American Society of Civil Engineers would think about replacing him. Emily went to meet the group. She gave a speech in defense of her husband. The group finally decided to keep him on the job. ⑤It took up 14 years to build the bridge. For 11 of those years, Emily was the one in charge. The bridge finally opened on May 24, 1883. She was one of the first people to cross the bridge. Emily never planned on becoming an engineer, but she turned out to be a great one. Paragraph①_____.

- A.How did Emily pick up bridge building?
- B.What happened to John and Washington?
- C.How did Emily feel about her work?
- D.What role did Emily play in building the bridge?
- E.How long did it take to build the bridge?
- F.Why did Emily give a speech?

5.Paragraph⑤_____.

- A.How did Emily pick up bridge building?
- B.What happened to John and Washington?
- C.How did Emily feel about her work?
- D.What role did Emily play in building the bridge?
- E.How long did it take to build the bridge?
- F.Why did Emily give a speech?

四、填句补文

2._____.

- A.Set aside about 30 minutes a day when you can play games.
- B.This is especially true if you are new to a game.
- C.Playing games can help you make new friends.
- D.You will be surprised at how much it provides your life.
- E.However, it can also help you exercise your brain.
- F.You can also invite friends over to play games with you.

3._____.

- A.Set aside about 30 minutes a day when you can play games.
- B.This is especially true if you are new to a game.
- C.Playing games can help you make new friends.
- D.You will be surprised at how much it provides your life.

E.However, it can also help you exercise your brain.

F.You can also invite friends over to play games with you.

5._____.

A.Set aside about 30 minutes a day when you can play games.

B.This is especially true if you are new to a game.

C.Playing games can help you make new friends.

D.You will be surprised at how much it provides your life.

E.However, it can also help you exercise your brain.

F.You can also invite friends over to play games with you.

1.Playing Games—Not Only Fun For many people, playing games is a way to have some fun._____ (26) It is a great way to keep your mental health in check. Actually, anything that requires you to do some thinking will help you keep your brain healthy. You may say that this sounds great but you just don't have the time to do it. If you want to improve your mental health, you will make time for it._____ (27)

You can exercise your brain before work and while the rest of your family is still in bed. This can greatly change your attitude for the rest of the day. Turn the TV off in the evening and spend some time playing games alone or with a family member._____ (28) Try a variety of new games, too. This way, you don't get bored playing the same one all the time. Most games offer several different levels. To get the most exercise for your brain, start out with the easy stuff._____ (29)

As your level of skill improves, go on to challenge your brain by moving into more advanced levels of the game. Find the games that you really enjoy playing. Keeping your brain sharp with such games is really going to pay off for you in many ways. _____ (30) You will find that you have less stress and that it is easier to make decisions. You will also find that your memory is improving. _____.

- A. Set aside about 30 minutes a day when you can play games.
- B. This is especially true if you are new to a game.
- C. Playing games can help you make new friends.
- D. You will be surprised at how much it provides your life.
- E. However, it can also help you exercise your brain.
- F. You can also invite friends over to play games with you.

4. _____.

- A. Set aside about 30 minutes a day when you can play games.
- B. This is especially true if you are new to a game.
- C. Playing games can help you make new friends.
- D. You will be surprised at how much it provides your life.
- E. However, it can also help you exercise your brain.
- F. You can also invite friends over to play games with you.

五、填词补文

1. Learn from Your Failures Have you ever failed? If not, it is _____
(31) that you have never taken a _____ (32) on trying anything new,
or else you are lying. There is nothing _____ (33) with failing, as long
as you learn from your mistakes, modify your approach and try again.
In fact, the more often you fail, the sooner it will be that you _____ (34)
succeed, provided that you do learn and keep trying. You can _____
(35) only from experience and you get experience only from having a
go at something. It may be more _____ (36) to succeed, but you
can _____ (37) learn more from failing. This is only if you are
observant and take _____ (38) of what you are doing and which things
have worked and which haven't. You then need to _____ (39) what
has happened, alter your _____ (40) and move on. So go for it! You
will eventually get there—unless you stop trying. _____. A. probable
B. actually C. direction D. finally E. start F. chance G. special H. grow
I. wrong J. note K. analyze L. pleasant

7. _____. A. probable B. actually C. direction D. finally E. start
F. chance G. special H. grow I. wrong J. note K. analyze L. pleasant

8. _____. A. probable B. actually C. direction D. finally E. start
F. chance G. special H. grow I. wrong J. note K. analyze L. pleasant

9._____. A. probable B. actually C. direction D. finally E. start
F. chance G. special H. grow I. wrong J. note K. analyze L. pleasant

10._____. A. probable B. actually C. direction D. finally E. start
F. chance G. special H. grow I. wrong J. note K. analyze L. pleasant

2._____. A. probable B. actually C. direction D. finally E. start
F. chance G. special H. grow I. wrong J. note K. analyze L. pleasant

3._____. A. probable B. actually C. direction D. finally E. start
F. chance G. special H. grow I. wrong J. note K. analyze L. pleasant

4._____. A. probable B. actually C. direction D. finally E. start
F. chance G. special H. grow I. Wrong J. Note K. analyze L. pleasant

5._____. A. probable B. actually C. direction D. finally E. start
F. chance G. special H. grow I. wrong J. note K. analyze L. pleasant

6._____. A. probable B. actually C. direction D. finally E. start
F. chance G. special H. grow I. wrong J. note K. analyze L. pleasant

六、完形补文

2._____.

5._____.

7._____.

9._____.

10._____.

1.Voice and Text Chatting Voice chat and text chat are quickly (quick) becoming preferred ways of communicating with others online. For language _____ (41) (learner), these forms of communication_____ (42) (able) them to share ideas about themselves and the world in almost real time. They can establish friendships with people from around the globe. Thus, it can be an easy way to learn languages and world _____ (43) (culture). However, care and consideration should be_____ (44) (give)when you are looking for friends on the Internet because you _____ (45) (real) don't know who the person is at the other end. Thus, never give out personal information _____ (46) (include) your name, age, where you live, and the name of the school you attend. Also, be _____ (47) (care) about meeting online acquaintances in person, and if you do so, make sure it is in a public place and go with a friend or a family member._____ (48) (final), contact local authorities if you feel you are in danger. Again, chatting with others can be an enjoyable and _____ (49) (education)activity if you use care when _____ (50) (do) so. _____.

8._____.

3._____.

6._____.

4._____.

七、短文写作

1.某英文报社正在举办“I Like Playing Sports”的征文活动。写一篇英文短文应征。内容包括以下两个方面： 你经常做什么体育运动？ 体育运动对你有哪些好处？